

July 29, 2014

The 10th Anniversary Boiling Springs Triathlon is less than 2 weeks away! The BST Committee has been hard at work preparing for race day. We hope you are ready and anxious to join us on August 9, 2014! Below please find some information pertinent to the race:

1. Information regarding race numbers, estimated start times and cap colors will be posted on the website (www.bstriathlon.com) the week before the race, probably by Tuesday morning, August 5. All information you need for the race will be posted somewhere on the website by that date. Most of it is there already. Go to www.bstriathlon.com, click on Race Details at the top, then click on the PDF. There is a wealth of information there that you will find helpful.
2. Because of the time required to pull this race together, we will be unable to answer emails during race week. Please consult the website to answer any questions you have. All the information you need will be there.
3. If you find that your race number (to be posted by Tuesday August 5) is #1 - #15, please be prepared to start your race promptly at 7am. There will be 10 people starting the race but inevitably, someone is not ready, or doesn't show up, and we need to call on the next numbers to get started. If #'s 1-15 are ready to go, that helps keep everything moving along.
4. Packets can be picked up either on Friday night, August 8 from 5:30 – 6:30pm at the Boiling Springs Pool or on Saturday morning, August 9 beginning at 6:15am. The BST Committee members will be available on Friday night if you have any questions. Everyone must pick up their own packet. All athletes are required to check in on race morning regardless, in order to obtain their chip. Chips will not be given out until a participant's waiver is signed. Chips will not be given out to team swimmers until all 3 waivers for the team are signed and turned in.
5. All athletes must be 18 years old on race day. We get a lot of questions as to why this is necessary. We also get many requests for families to participate as a team. While the Board of Directors personally thinks this is an excellent idea and would love to be party to anything that enhances familial relationships- our insurance and attorney advise otherwise. Unfortunately in the litigious society we happen to find ourselves in, the risks associated with an open course triathlon are still great from an insurance/legal standpoint. Therefore, we must heed to the rules of our insurance and attorney. Without exception, no one under 18 is able to participate as an athlete in any portion of the BST.
6. Last year we had a very special situation in which an athlete pushed an adult friend in a running stroller during the run portion of the race. This story was covered by a few news agencies and we were delighted to be a part of this experience. Having said that, there was specific discussion and decision revolving around this scenario and the person was an adult woman who was able to sign her own waiver to 'participate'. Please know that under no circumstances are strollers of any kind allowed on the triathlon course- both the bike and run portions. You may refer to number five above for legal reasons associated with this rule.
7. This year, in celebration of our 10 year anniversary, we are pleased to announce that Leo's Ice Cream will be on site serving up homemade ice cream to athletes and spectators after the race. So bring all of your family and friends to cheer you on, then stick around and have a treat while listening to live music performed by Rhythm on Main! (<http://rhythmonmainpa.com/default.aspx>)
8. We are very excited that 1/3 of this year's participants have registered as first – time triathletes. It has always been our goal to provide a fun, community event which promotes the sport of triathlon, and we can see that it is catching on!

Enjoy your last days of training, and we'll see you on August 9!